



Two Day

Adult MHFA 2 Day Course

Certificate of Attendance

Arabella Tresilian

has attended the Adult MHFA course and is now a Mental Health First Aider. This course teaches in depth skills for providing first aid to people experiencing mental health issues such as depression, anxiety disorders and psychosis

Date of Attendance: June 23, 2017

Poppy Jaman
Chief Executive Officer

Mental Health First Aid (MHFA) England is a Community Interest Company which raises mental health literacy by teaching people MHFA skills through a range of courses

We work towards building communities where people can recognise the sign and symptoms of common mental health issues, provide help on a first aid basis and effectively guide someone towards the right support services



MHFA England

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