



Arabella Tresilian MAHons PGDipEd

arabellatresilian.com

- Mediator, fully-accredited by the Centre for Effective Dispute Resolution (CEDR)
- Dispute resolution in employment, workplace, civil, commercial & community cases
- Sector specialist in health and social care, charities and education/SEND
- Experienced company director, charity trustee/chair, organisational consultant, commercial partnerships consultant, trainer, educator, healthcare service user and family carer
- Specialist in health conditions including: mental health, learning disabilities, autism spectrum conditions, deafness, stroke, dementia & neurocognitive conditions

Arabella is an independent dispute resolution consultant specialising in dialogue facilitation, conflict resolution and partnership-building. She supports organisations, boards, teams, employees, families and individuals in finding effective resolutions to complex disputes and relationship-breakdowns.

			
CEDR-Accredited Mediator & Associate	Equisphere Employability Co-Founder / Trainer	Certificated Mediator undertaking cases referred by police, councils, housing associations.	
			
Public & Patient Involvement Reviewer	Fellow of the Q Community	Mental Health First Aider	Associate Trainer for Mind (Bath)

Mediation Testimonials:

"If Arabella could clone herself and send us a copy! Clear structure for the day. Safe space and generosity to us all."
(HN, trustee, charity board dispute)

"Arabella brings integrity to her every interaction. She communicates with centred grace, allowing each person to feel heard - their perspective acknowledged, their feelings validated. Her genuine and open manner reassures; her astute observations of an individual's unique qualities inspire." (R. Burton, LLB)

"I keep saying thank you. But I'm so glad I met you and you were prepared to think all this through with me. You've made such a difference to my life and those around me." (SD, family case)

"Arabella was supportive and constructive in our preparations for, and experience, of mediation. Her emphasis on expressing our feelings led to a more positive outcome than we had anticipated." (WT, committee members' dispute)

"Please consider yourself delighted in and appreciated; thank you for being so generous with your time... Your warmth, humanity and empathy are something for which I am profoundly grateful." (JC, trustee, charity board dispute)

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